

Outdoor Adventure and Recreation

Theory	
<ol style="list-style-type: none"> 1. A-frame – awareness of others, awareness of self, academic engagement, active community engagement 2. Blooms taxonomy – take their learning to the next level (apply and analyze) 3. Maslow Hierarchy of Needs (love/belonging, esteem needs, self-actualization) 	
Stakeholders	
Current	Potential
<ol style="list-style-type: none"> 1. Housing 2. Capstone – Duncan Culbreth, Dan Colascione, Dr. Hickey 3. Outdoor Recreation 4. Mountaineering & Whitewater Rafting 	<ol style="list-style-type: none"> 1. Half Moon 2. River Runner 3. Green Quad 4. SC State Park System 5. Katie Wall
Planning Activities	
<ul style="list-style-type: none"> -Work with Undergraduate Admissions/Housing to advertise more <ol style="list-style-type: none"> 1. Create tri-fold, pamphlet 2. Get article in Daily Gamecock or Garnet and Black -Create Gantt Chart/some implementation plan for community -Gear? Who is providing it? Are we renting from Orec? (Yes) 	
Comprehensive list of Possible Programmatic Activates (Broken down by month)	
August	<ol style="list-style-type: none"> 1. Community orientation – take “True Colors,” “VIA,” “16personalities” 2. Community Gathering 1/2 – get to know your “family” 3. Challenge course – by “family” – different colors with a mix of personalities/strengths
September	<ol style="list-style-type: none"> 1. Community gathering 2: 2. Roll Clinic with teams + whitewater trip (Whitewater Center, Erin resources – work with River Runner) 3. Bike shop visit/orientation 4. Weekend River Clean Up
October	<ol style="list-style-type: none"> 1. Rock wall visit – lead climbing course with interest 2. Alternative Break Trip (Fall Break) 3. Introduce Everest Trip (if possible) 4. Climbing Trip
November	<ol style="list-style-type: none"> 1. Hot cocoa & knots at the climbing wall – special event? 2. Hiking day trips
December	<ol style="list-style-type: none"> 1. Finals de-stress at the gym
January	<ol style="list-style-type: none"> 1. Wilderness First Responder (WFR) or Wilderness First Aid (WFA) Course with OREC (about \$350 for WFR)
February	<ol style="list-style-type: none"> 1. Sugar mountain skiing
March	<ol style="list-style-type: none"> 1. Spring Break opportunity – NOLS 2. Carolina Crush Climbing Competition
April	<ol style="list-style-type: none"> 1. Challenge course Round 2– see how far they have come 2. Gratitude Granola Hike – Stress management
May	<ol style="list-style-type: none"> 1. Finals: de-stress in nature/gym/rock wall
Leadership and Employment Opportunities	

1. Outdoor Recreation (ORec) – trip leader, overnight trip leader, rock wall (CWI), gear room, challenge course (ACCT level one for challenge), bike shop, group X, swift water training.
2. Mountaineering and Whitewater Rafting
3. Internal – Hall Government, EcoReps

Academic Opportunities

- PE classes - Rock climbing, Whitewater, & Yoga classes
- Geology of National Parks
- First Year Interest Group – group of linked courses students living together take their first semester

Service Opportunities

1. Harbison Forest clean up
2. Palmetto Trail Maintenance
3. Habitat for Humanity
4. Congaree river clean up

NOLS – National Outdoor Leadership School inspired:

“Real Challenges. Real Solutions”

Navigating miles of rocky terrain becomes a lesson in communication and teamwork. Living in a small group for an extended period creates strong bonds and inspires new and successful ways to work together. On a custom course, you will learn to manage limited resources, interpersonal dynamics, and an unpredictable environment.

Whether leveraging existing culture or building anew, we put our tested leadership curriculum into practice as we work with you to instill the skills, awareness, and competence to make every group a team.

Spring Break custom course:

<https://www.nols.edu/en/about/custom-education/>